



OptimalMD Technologies, LLC.

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Katy, Texas 77494
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Our Team

We're so thankful that you are interested in knowing more about our team. We are strongly connected by our values and our commitment to doing what is right. We have assembled an incredibly talented and experienced team who bring multiple disciplines for a more comprehensive approach. Our performance has demonstrated how we can better provide quality healthcare in the most cost-effective ways.

OUR TEAM

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Our Medical Team

Our team is broken into three critical groups that have designed and executed this program. We have an experienced healthcare administration team, a clinical team, and a clinical research team to bring the best services available to your membership.

Clinical Management Team

Karen Richardson, MD - Medical Director - Functional and General Medicine

Dr. Richardson has been practicing family practice and emergency medicine for more than 20 years.

Key Positions: Assistant Medical Director - Oak Bend Medical Center Emergency Department
Assistant Director Emergency Department - Rich-Rose EM Physicians

Certifications: American Board of Family Medicine

Education: Memorial Hermann Health System (1996-1999)
Family Medicine Residency
McGovern Medical School at UTHealth (Class of 1984)

States Licensed to Practice: Texas, Colorado

Notable Projects: Treated thousands of COVID patients in the ER and in private practice
Outperformed mortality rates of major hospital systems

Clifton Thomas, MD - Medical Director - General Surgeon - Metabolic Disease & Bariatrics

Dr. Thomas has been a renowned surgeon and practicing medicine for 35 years.

Board Certified: American Board of Surgery, Fellow (FACS)

Education: Marshall University School of Medicine (1984-1989)
Surgical Residency
University of Texas Medical Branch School of Medicine (Class of 1984)

Awards: Center of Excellence - American Society of Metabolic and Bariatric Surgery (ASMBS)

States Licensed to Practice: Texas, California, West Virginia

Notable Projects: Featured in several national documentaries for high-risk surgeries
Advanced knowledge of gastrointestinal and neurological functions

Lindsey Blaha, PA-C - Physician's Assistant-Certified - Functional and General Medicine

Education: Saint Louis University (2002-2004)
 Master of Medical Science
 University of Missouri - Saint Louis (Class of 2000)
 BS - Biology and Psychology

Awards:

States Licensed to Practice: Texas

Clinical Research Team

Eliana Romero, PhD - Director of Clinical Research

Education: Baylor College of Medicine (2000-2006)
 PhD - Molecular and Human Genetics
 University of Houston (Class of 2000)
 Biochemical and Biophysical Sciences

Notable: Human Research Protection Training, Honors College

Sharena Rice, PhD - Neuroscience

Education: University of Michigan (2000-2006)
 PhD - Neuroscience
 California Lutheran University (Class of 2015)
 Biochemistry and Molecular Biology

Notable Projects: Oscillations of the Granular Retrosplenial Cortex
 Retrosplenial Cortex Connectivity
 Neural Correlates of Speed

Jillian Pierucci, PhD - Behavioral Psychology

Education: University of Alabama
 PhD - Behavioral Psychology
 Masters of Science - Psychology
 University of Texas at Austin
 BS - Psychology

Notable Projects: Professor of Psychology - St. Mary's University
 Radice Project for Advanced Developmental Differences
 Specialized Training in Autism and Neurodiversity

Executive Management Team

Shawn Fry - Founder and Executive Chairman

Shawn has been a healthcare executive for more than 25 years in C-suite roles. He has built and sold multiple companies in the healthcare space. His expertise is in the data science that drives decision-making in healthcare.

Key Positions: CEO of Prevalent Health, a Medical Analytics company sold to Private Equity in 2019
Chief Information Officer of multiple regional hospital systems,

Education: Kutztown University of Pennsylvania (1982-1987)

Awards: Multiple Patents in Mathematical Data Structure, Error Correction and Synchronization
Neurodiversity Advocate, Houston Diversity Champion

Certifications: AAPC, ACHE, HIPAA Compliance, Neurodiverse Workforce Training

Sandra Drucker Wright - Chief Strategy Officer

Sandi has been a key advisor to multiple corporations and a leading advocate for social impact issues. Her direction has been instrumental in helping entrepreneurs navigate business, social, and political issues.

Key Positions: Tamer Center of Social Enterprise at Columbia Business School

Education: Columbia University (2002-2004)
Masters Degree - Media, Technology and Education
Colgate University

Nonprofit Management - Emerging Leaders

Awards: Multiple Patents

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